

# ASSEMBLY

— BAR + KITCHEN —

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## ALL DAY BREAKFAST

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### EARL GREY TEACAKE (v)

with Jam + Butter **£1.50**

### TOAST (v)(ve)

Choice of Bread: Seeded Sourdough/ White Sourdough/ Granary. Choice of Spread: Jam/ Peanut butter/ chocolate hazelnut spread **£1.80**

### EGGS YOUR WAY (v)

Scrambled, Poached or Fried on Choice of Toast **£4.50**

### BREAKFAST SANDWICH (v)(ve)

Streaky smoked bacon / Sweet onion sausage / Vegan sausage / Fried egg + Hash Brown **£3.50**

### BLT/ SLT

Bacon or Sausage/veggie sausage, Slow Roasted Tomatoes, Rocket + Mayo **£5.00**

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## ALL DAY BRUNCH

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### FULL ENGLISH

Smoked bacon, sausage, mushroom, tomatoes, free range egg, hash brown, beans + toast **£8.50**

### VEGGIE BREAKFAST (v)

Vegan sausage, halloumi, mushroom, tomatoes, free range egg, hash brown, beans + toast **£8.50**

### VEGAN BREAKFAST (ve)

Vegan sausage, avocado, mushroom, tomatoes, spinach, hash brown, beans + toast **£8.50**

### SCRAMBLED EGGS + CHORIZO ON TOAST

Scrambled eggs topped with chorizo, spinach, red pepper relish, chives and seeds. Can be served without toast (gf) **£6.50**

### MUSHROOMS ON TOAST (v)

Chestnut + button mushrooms, garlic, herbs, wild mushroom truffle sauce + cream Can be prepared without cream (ve) **£5.50**

### SWEETCORN FRITTERS (v)

Corn fritters with chilli and coriander, guacamole, sweet chilli + lime **£6.50**

### AVOCADO SMASH (ve)

Avocado on Toast with Pomegranate, Lime, Chilli + Pesto **£6.00**

### MEXICAN EGGS (v)

Tortilla, chipotle tomatoes, fried egg, guacamole, black-eye beans + feta **£6.50**  
With chorizo **£7.50**

### ADD ONS:

Chorizo / sausage / bacon / avocado / veg sausage / halloumi / smoked salmon **£1**  
Tomato / mushrooms / spinach / egg / beans / hash browns **75p**

**Please note: All of our bread choices contain gluten**

# SANDWICHES

Served in a warm ciabatta, granary or seeded sourdough with either chips or homemade coleslaw

## FISH FINGER

Homemade fish fingers, rocket + homemade tartare sauce  
£7.50

## HALLOUMI (v)

Halloumi, guacamole, roasted peppers, red pepper salsa £6.50

## HAM HOCK

Ham hock, smoked Applewood cheddar, wholegrain mustard, gherkins + micro rocket £7.00

## LEMON CHICKEN

Chicken breast in lemon oil, sun blush tomatoes, basil pesto + mozzarella £7.60

## SMOKED SALMON

Smoked salmon, cream cheese, lemon, capers + rocket £7.00

## BEETROOT FALAFEL (ve)

Falafel, hummus, Mediterranean veg, seeds + spinach £6.00

## LIGHT BITES

**JACKET POTATOES (GF)** Served with side salad.

Choice of toppings: Beans/cheese (v)

Mushrooms (ve)

Tuna mayo

Hummus + roast veggies (ve)

£5.50

## FRITTATA (gf)

Served with side salad. See the specials board for today's freshly made Frittata.

£5.50

## SOUP OF THE DAY (gf without bread)

Please ask a member of our staff for today's Seasonal Soup. Served with a wedge of bread. £3.65

## HEART MEZZE BOWL (ve)

Bulgur wheat Tabbouleh, artichoke hearts, beetroot falafel, sundried tomatoes, olives, roasted veggies, hummus, toasted seeds + micro greens. £8.50

(GF) If made without Tabbouleh

## LITTLE ONES

### THINGS ON TOAST (v)(ve)

Beans or cheese or choice of Egg £3.20

### HOMEMADE FISH FINGERS

With chips and beans £5.00

### SYKES BUTCHER'S SAUSAGE OR VEGETARIAN SAUSAGE

With chips and beans £4.50

### HUMMUS + PITTA (ve)

Homemade hummus, toasted Pitta, cucumber sticks £3.00

KID'S CHIPS £1.25

## SIDES

POT OF OLIVES (ve) £2.50

CHIPS (ve) £2.50

SWEET POTATO FRIES (ve) £3.00

HUMMUS + PITTA (ve) £3.00

HASH BROWNS (ve)(gf) £2.00

COLE SLAW (v) £1.50

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